

Please be on time, group room doors will be closed at the start of group.

<b>Mon</b> <b>25<sup>th</sup></b>	<b>FEELINGS GROUP</b> 10:30 – 12:00		<b>MATT'S MUSIC GROUP</b> 1:15 – 2:45 <b>CANCELLED</b>	<b>MINDFULNESS with Haidee</b> 3:00 – 4:00
			<b>WALK: Mount Wise / Devils Point</b> 1:00 – 3:00	
<b>Tues</b> <b>26<sup>th</sup></b>	<b>SINGLE GENDER GROUP</b> 10:30 – 12:00		<b>ART WORKSHOP (CLAY)</b> 1:00 – 3:00 <b>NEW</b>	<b>YOGA with Jason</b> 2:00 – 3:00
			<b>GREEN COMMUNITIES</b> 1:30 – 3:30	
<b>Wed</b> <b>27<sup>th</sup></b>	<b>EXPECTATIONS (INFORMATIVE)</b> 10:30 – 12:00		<b>ART</b> 1:15 – 2:45	<b>BADMINTON</b> 3:00 – 4:00
<b>Thurs</b> <b>28<sup>th</sup></b>	<b>OPEN GROUP</b> 10:30 – 12:00		<b>QUIZ</b> 1:15 – 2:45	<b>TRAMPOLINE</b> 3:00 – 4:00
<b>Fri</b> <b>29<sup>th</sup></b>	<b>CLOSED</b> BANK HOLIDAY			

<b>WALKING CLUB</b> Every morning 9:30	<b>HEP C TESTING</b> 1 <sup>st</sup> Monday of the month	<b>PEER SUPPORT</b> <b>12 STEP - CA MEETING</b> Tues 12:30 – 1:30	<b>AFFECTED OTHERS</b> Fri 1:00 – 3:00	<b>POP-UP SHOP</b> Postponed
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